

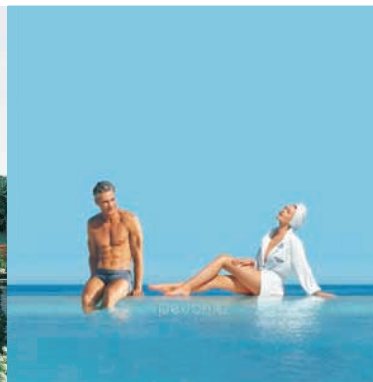
Carchele Health and Beauty Spa



@

THE
MARINE
HERMANUS

Open: Monday – Sunday From 9.00am-20.00pm



pevonia®
BOTANICA



E-mail: healthandbeautyspa@hermanus.co.za

Tel: 028-3130909

Enter a haven of pampering

and sheer

indulgence where time stands

still.....

The Health and Beauty Spa offer our guests the ultimate in luxury and results orientated therapy. Understanding the essence of wellbeing our skilled therapists will guide you in the selection of therapies most suited to reinstate balance and a sense of tranquillity.

Spa Skin Care

With each facial of 1hr or more, we pamper you from head to toe with our unique signature back, scalp, hand and foot massage all this while your skin receives the timeless nutritive qualities of specially selected active ingredients. **Your Therapist will analyze your skin and guide you into the facial experience suited to your skin type and needs.**

Pevonia Botanica is globally renowned for evident results and the ability to promote youthful, healthy skin.

Routine Skin care

Deep Pore Cleansing Treatment

1 Hr

R 420.00

Deep cleansing and detoxifying treatment for problem or acne prone skin types. This leaves the skin remineralized with an improved immunity.

Classic Facial

30 /60/90min

R 220/420/530

An essential facial tailored to meet your individual needs, offering rehydration, rebalancing, and refirming, purifying or calming therapy for your skin.

Gents Skin treatment

1 Hr

R 420.00

A power clean for the face, removes impurities, dead cells and excess oil, leaving the skin deep-down clean, fresh and healthy looking.

Decleor Aroma-skincare combines the power of Aromatherapy with the benefits of plant therapy

Advanced Facials

Specially formulated for anti ageing and improving specific skin conditions.

1 Hr 30 min

R 630.00

Optional additions:

Ultimate Renewal High Performance De-stress Eye Wrinkle or Eye Puffiness Treatment

This intensive eye contour treatment offers Marine Collagen and Elastin to counteract wrinkles and smooth crepiness, while strengthening and firming and decongesting the delicate eye area.

De-Stress Eye Wrinkle and Puffiness

R 290.00

Neck & Décolleté and Bust Treatment

Deeply nourishing to firm and smooth the delicate neck, décolleté and bust area which often evidently reveals the signs of ageing.

R 630.00

Tinting

Eye lash tint	R 120.00
Eye Brow Tint	R 55.00
Lash & Brow tint	R 145.00
Eye Brow Shape	R 60.00

Waxing

Full leg/back/chest	R 260.00
Half Leg/Full arm/half chest	R 170.00
Three-quarter leg/Top of legs	R 215.00
Lip/chin/brow	R 60.00
Under arms/half arm/bikini low cut	R 100.00
Bikini high cut	R 140.00
Brazilian	R 165.00

Hand and Foot therapy

Spa Manicure	R 280.00
Gents Manicure	R 220.00
Spa Pedicure	R 300.00
Gents Pedicure	R 240.00
Nail care for hands or feet	R 170.00
Revarnish	R 100.00
Parafin wax treatment	R 80.00

Couples treatments

Dual massage treatments, in the same room

Couples steam chamber

45 min

R 220.00

This is a romantic full body bliss to enjoy with your partner. We give you a hamper and leave you to exfoliate each other, shower and wash your hair, then applying the masks (hair face and body) and sit in the steam for 20 minutes after which you will shower off the masks and apply face and body lotion.

Steam Chamber

Complimentary with any of our Spa Treatments

Spa body therapy

Purifying Back Treatment

50 min

R 380.00

Ideal for someone suffering from congestion on the back. Cleansing, exfoliation, steam and extractions, massage and mask.

Exfoliation including 6 head Vichy shower

Full Body Exfoliation

R 220.00

Sweet and savory scrub

R 260.00

Vichy Shower

6 Head shower experience, done by your therapist

R 130.00

Body Wraps

All our wraps include exfoliation, a scalp massage and a 6 head vichy shower. **1 Hr**

R 600.00

Detox, Cellulite and Slimming

Seaweed wrap, detoxifies and remineralises the body effectively. As stress and toxins are eliminated, your entire body resurfaces youthful, replenished and hydrated.

Soothing and moisturizing

The ideal wrap to sooth after sun exposure, for mothers to be, swollen legs and to improve a sluggish lymph flow.

Energising, revitalizing, and improving well being

Dessert Heat wrap, warm soothing wrap formulated to vanquish fatigue and stress. As healing and nourishing minerals seep in, every inch of skin is relieved and renewed resulting in a fatigue free, fit and mineralized body.

Indoceanne

2 Hrs

R 930.00

Allow us to take you on a rejuvenating journey around the world Starting in the Mediterranean, with a sweet and savory scrub followed by an Egyptian Milk Bath, leaving your skin glistening with gold, following on to India for the most luxurious massage after which we end off in China with a moisturizing Sublime body wrap.

Spa Massage Therapy

We offer half body, full body or back and neck massages.

Swedish

30/45/60/90min

R 280 / R 350 / R 400 / R 550

A medium pressured massage that soothes and relaxes tired, fatigued muscles. It stimulates and invigorates circulation and promotes a wonderful sense of well-being.

Deep Tissue / Sports Massage

30/45/60/90min

R 350 / R 400 / R 480 / R 610

A deep penetrating massage, relieves deep underlying tension and sports-related aches and pains

Hot Stone

30/45/60/90min

R 350 / R 400 / R 480 / R 610

Massaging your whole body with Hot stones that penetrates into the “belly” of the muscle to relieve deep down tension with the warmth of the stones.

African Rungu

30/45/60/90min

R 350 / R 400 / R 480 / R 610

The Rungu was chosen as a significant African massage tool as it was used for defense as a throwing stick and carried by men who became warriors as a sign of their status. What better tool than the African Rungu to use as a defense of STRESS. The Rungu is used in smooth, vigorous and stimulating massage movements to give you a Stress free status. Great for a deep pressure massage.

Bamboo

30/45/60/90min

R 350 / R 400 / R 480 / R 610

In South East Asian countries bamboo shoots have long been used for massage. Smooth bamboo sticks are being used as a natural and effective massage tool that deeply relaxes the muscles.

Aromatherapy

30/45/60/90min

R 330 / R 390 / R 460 / R 590

Perfectly blended Aromatherapy oils combined with a healing therapeutic massage eases away aches, pains and tension.

5 STAR Massage *****

1 ½ Hr

R 630.00

Looking for something different? We combine the best movements from our Swedish, Aromatherapy, Hot Stone, Bamboo and Rungu to give you that 5 STAR experience. An all time favorite.

Tranquility massage

1 ½ Hr

R 600.00

Totally blissful body, face and scalp massage enhanced by the use of perfectly blended aromatherapy oils.

Reflexology

40 min

R 350.00

An ancient healing art and holistic technique, aims to treat the body, mind and spirit by stimulating pressure points on the soles of the feet.

Indian Head Massage

45 min

R 310.00

A deeply relaxing massage of the head, scalp, face neck and shoulders

Leg Massage

30 min

R 240.00

Foot Massage

20 min

R 100.00

Scalp Massage

20 min

R 150.00

PACKAGES

* The marked massages can be a choice between the hands on massage or the Ashi - Africa barefoot massage

Spa Taster

An introduction to the Spa.
30 min back neck and shoulder massage
30 min facial,
Ideal for the first time spa user.

1 Hr

R 440.00

Mother To Be Spa

Scalp massage
Back & Neck Massage
Foot and Leg Massage

1 Hr 20 min

R 500.00

Deluxe Mother To Be Spa

Dry skin brushing
Herbal Body wrap
Scalp massage
Back & Neck Massage
Tired foot and leg treatment
Hand Massage

2 Hrs

R 860.00

His or Hers Spa

Back & Neck scrub or wrap, depending on your individual needs
Back and neck massage
Scalp massage
Foot massage

1 Hr

R 550.00

Essentially Male Spa

Back Massage
Scalp Massage
Gents Facial
Foot Massage

2 Hrs

R 740.00

Relax Spa

Invigorating full body exfoliation
Anti Stress Body Wrap
6 head Vichy Shower experience
Facial in accordance to skin's needs
Back Neck & Shoulder Massage

2 Hrs 30 min

R 1080.00

Well- Being Spa

Invigorating full body exfoliation
Energizing Wrap
6 head Vichy experience
Relaxing Massage*

2 Hrs 20 min

R 1050.00

Teen Spa

Balancing Facial
Teen Manicure
Teen Pedicure

2 Hrs

R 710.00

Aromaflex

Combining aromatherapy* and reflexology, deeply relaxes mind, body and soul.

2 Hrs

R 850.00

De-Stress, Anti fatigue Day Spa

6 1/2 hours

R 2150.00

If you've been experiencing stress and fatigue within your daily tasks and you're not catching up with life, then a half a day of pure pampering is what you receive in this popular package.

Suitable for males and females

Aromatic Steam

A Bath experience to relax your muscles and soothe your senses, followed by a

Full body salt exfoliation

Cocooned in the warmth of the desert heat body wrap to ease fatigue as you rest and enjoy a scalp massage.

Vichy shower experience

Our relaxing massage* followed by the.

Luxurious Oxygenating facial suited to your skin type

Deluxe manicure and pedicure which includes a tension relief gel for your legs.

This package includes a light lunch to leave you rejuvenated with a sense of well being

Clients are kindly requested to read the following conditions applicable to the Health and Beauty Spa.

Etiquette

The Spa is a retreat for your body, mind, and spirit. For the consideration of others, we request that the visitors keep noise to a minimum. We ask that you respect other guests by speaking softly.

Cellular phones and electronic devices are discouraged.

Children are not allowed at the Spa unless they are having a treatment, accompanied by an adult.

Reservations

Advanced booking prior to your arrival is recommended to secure your referred date and time of treatment.

Arrival

Please arrive at least 10 minutes prior to your scheduled appointment. Any cancellation with less than 4 hours' notice will incur a 50% cancellation fee.

Valuables

We recommend that no jewellery be worn to the Spa. The management and staff accept no responsibility for the loss of money or valuables of any kind brought into the Spa.

Refund Policy

Treatments, packages or any products bought are non-refundable.

Payment

We accept cash and all major credit cards. Regrettably no cheques. All prices quoted are in Rand and are subject to change without prior notice

Group Bookings

All group bookings (3 people or more) Requires a 50% deposit.

Gift Vouchers Available

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ENVIRON®



DECLÉOR
— PARIS —